

# Exploratory Play Activities

## Exploring Water

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### Materials Needed:

(will vary depending on what materials are around)

- water
- Measuring cups,
- Plastic blocks
- Sponge
- Big spoon
- Plastic animals
- A Ball
- rocks
- Funnel
- Turkey baster



When playing Children learn from experimentation. According to (Moyett, 2013) "To become confident learners children need to gain mastery of their environment through play and exploration". Give exploratory play a try with the activities below. An important aspect of exploratory play is messy play! So make a mess and have fun!



### Instructions:

- Fill a big bowl/ sink/bucket with water
- Add objects or tools from the surrounding area (anything that can go in water)
- Explore!

### Adaptations:

- Instead of water you can use cooked spaghetti or uncooked rice
- Adding more or less objects to the water.
- Add food colouring to the water

