Creative Play Activities

Jello Rescue

University of Alberta: Emma Kieftenbeld, Erin Berthelsen, Chloe Smith & Kaylin Berlinguette

Materials Needed:

Pack of jello Water Container or bowl Whisk or fork Toys Young kids love to help when and where they can! That includes both either in the kitchen or in an imaginative world. Thus, the Jello Rescue is offered as a creative activity for your child to explore how to offer a helping hand, which helps them develop socially. In this activity, children will be able to place some of their toys into a dish of jello and rescue them out later. This creative play opportunity contains a nice twist by using edible materials, which helps spice up snack time.

Steps/How To:

- 1. Make the jello by following the recipe on the box. Involve your child in this process by letting them pour or stir.
 - 2. Pour the jello into your choice of container or bowl.
- 3. Place toys in the jello mixture, positioning them wherever seems right.
 - 4. Put jello into the fridge and leave it for around 4 hours.
 - 5. Rescue the toys!
 - 6. Eat jello!

Possible Variations:

Change the color of the jello and role play scenario: Blue jello could represent the ocean therefore the child will rescue marine life.

Red jello could represent lava so the child needs to rescue animals.

Yellow jello could represent sand so the child could rescue dinosaurs.

Place toys in something else such as water and freeze it.

Put jello in either an individual container or in a big dish so that kids can rescue together.

