

# Exploratory Play Activities

## Play-Dough

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### Materials Needed:

Playdough (homemade recipe provided)  
Cookie cutters  
Plastics spoons/forks/knives  
Stamps  
Rolling pin  
Garlic press  
You can almost use anything and that is safe and washable.

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### Instructions:

Build, create and have fun!

### Adaptations:

You can create things together or separately.



### Playdough Recipe

1.5 cup flour  
1/2 cup salt  
2 tsp Cream of Tartar  
2 Tbsp Oil  
1 cup Boiling water

<https://www.howweelearn.com/the-best-easy-no-cook-play-doh-recipe/>

## Splat Painting



### Materials Needed:

Paint 2-5 colours  
Paper/Canvas  
Paint brush  
Sponges (can cut up)  
Spatula/Fly swatter  
Textured Fabric  
Whisk



### Instructions:

This activity is best outdoors. Use a large piece of paper or a canvas. Set it on the ground or onto a easel.(somewhere it is okay to get messy) with different objects start throwing/splating towards your canvas.

### Adaptations:

Many different household items can be added or substituted with the listed materials.