

# Creative Play Activities

## Rainbow Ice Cube Painting

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### Materials Needed:

Ice cube trays  
Water  
Food coloring  
Paper

With the weather warming up, hopefully you and your child will be spending more time outdoors. This next activity, Rainbow Ice Cube Painting, is one that can be done on a hot day outside. This activity will work on developing your child socially if done with others, through learning to take turns and initiate engagement with peers. It will also develop imagination through choice of colors and intellectual areas by playing with a material like ice and learning how to handle it. Heads up, this activity might be a little more messy!

### Possible Variations:

Create tie-dye instead! Rather than using paper, buy t-shirts or pillowcases and substitute the food coloring for tie dye mix.

To reduce mess, put popsicle sticks in the cubes before they are frozen as this allows your child to hold onto something other than the ice cube.

### Steps/How To:

1. Fill ice cube tray with water.
2. Add different color food coloring to each cube.
3. Freeze tray
4. Next day take tray out and use cubes to paint on a piece of paper!

