

# Creative Play Activities

## Wilderness Explorer

University of Alberta: Emma Kieftenbeld, Erin Berthelsen, Chloe Smith & Kaylin Berlinguette

### Materials Needed:

2 toilet paper rolls  
Stapler or tape  
Hole puncher  
String  
Anything needed  
for designing such as  
markers, tissue paper,  
glitter, stamps, etc.

Kids are natural explorers! These homemade binoculars will help your child combine creativity and imagination into their next adventures. This is a joint craft and physical activity that allows for many opportunities for development, specifically physical development through gross and fine motor skills as well as intellectual development in the sense of exploring new concepts and self-expression.

### Steps/How To:

1. Depending on your child's age/abilities, you or them will start by either stapling or taping the 2 toilet paper rolls together.
2. Then hole punch the outer sides of each roll.
3. Tie a string through the holes you just made, so the binoculars can be worn as a necklace
4. Decorate!
5. Go on an adventure and explore! Can look like picking up a cool rock, finding a crazy looking bug, or a new plant, whatever your child is interested in.

### Possible Variations:

- Hide stuffies/toys around the room and have your child search the "jungle" for their animals.
- Create supersized binoculars by connecting 2 paper towel rolls together.
- Pretend to be a pirate and decorate one roll and use it as a telescope.

